



Insurance Check

Prior to starting services, please call your insurance provider to check on your financial responsibility. Each insurance is a little different, so it's important to ask ahead of time so there are no surprises later.

Your insurance provider will likely need the following:

Therapist name and NPI (national provider information):

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Certified Trainer- Trauma and Grief Component Therapy for Adolescents
Certified Sexual Offender Treatment Provider
Certified Trauma Professional, Clinical- Certified Trainer

Do I have a copay for outpatient mental health services?

If yes, what is the copay: _____

Are outpatient mental health providers considered specialists, and if so, how does this impact my copay?

Do I have a deductible?

If yes, what is the amount? _____

How much of the deductible has been met? _____

Billing Codes - Ask your insurance provider about the specific cost for each of the following codes.

90791 - Diagnostic assessment: _____

90837 - 55 minute session: _____

90832 - 30 minute session: _____

Be sure to ask if there are any other specifics required to start services, like a pre-authorization or referral from a primary care physician.